

# ST. MARY OF THE VISITATION PARISH



16 Cooper Street,  
Cambridge, Ontario N3C 2N2

519-658-4443

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[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

Rev. David Reitzel, Pastor [dreizel@hamiltondiocese.com](mailto:dreizel@hamiltondiocese.com)

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.*

*Mass for children in Kindergarten to Grade 2*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

## SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or by appointment.

## SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be most willing to visit.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

## PALM SUNDAY OF LORD'S PASSION

Date	Time	Mass Intentions	Requested by
Tuesday, March 31	7:00 p.m.	+ David John Bell + Antonio Pedro Intentions of Kurt Walter Intentions of Maurice Leblanc Intentions of Belinda Karahalios	Sharon Sanders Liz and Rob Pedro Anna Altomare Anna Altomare Catherine Quinto Garcia
Wednesday, April 1	8:00 a.m.	+ Joan Crichton	Len Crichton



### WELCOME TO ST. MARY OF THE VISITATION PARISH

A special welcome to all new members and visitors! We encourage all new members to register with the parish. Please

pick up a registration form at the church entrance or complete an online form:

[www.stmaryhespeler.ca/new-parishioners](http://www.stmaryhespeler.ca/new-parishioners)

### HOLY WEEK & EASTER TRIDUUM

#### **PALM SUNDAY, March 29**

Mass at 5:00 p.m. (*March 28*),  
9:00 a.m. and 11:00 a.m.

*A procession will begin at 10:45 a.m. at the Hespeler Cenotaph and process to the church for the 11:00 a.m. Mass.*

#### **MASS OF CHRISM**

Monday, March 30 at 2:00 p.m. at the Cathedral Basilica of Christ the King

#### **HOLY THURSDAY, April 2**

Mass at 7:00 p.m.  
(no 8 a.m. Mass)

*The church will remain open until 10 p.m. for prayer.*

#### **GOOD FRIDAY, April 3**

3:00 p.m. - Solemn Liturgy of Good Friday  
(no 8 a.m. Mass)

7:00 p.m. Stations of the Cross  
*Good Friday is a day of fasting and abstinence from meat.*

#### **HOLY SATURDAY, April 4**

1:00 p.m. - Blessing of Easter foods  
8:30 p.m. - Solemn Easter Vigil  
(no 5 p.m. Mass or Confessions on this day)

#### **EASTER SUNDAY - April 5**

Mass at 7:30 a.m., 9:00 a.m. and 11:00 a.m.

**SUNDAY VESPERS:** We will pray Sung Vespers (Evening Prayer) at St. Mary's on the last Sunday of every month. Join us this **Sunday, March 29<sup>th</sup> at 5:00 p.m.** All are welcome.

**HOLY WEEK:** Today we begin Holy Week, the most solemn time of our liturgical year. This week, we journey with Jesus through his Passion and Death to arrive next Sunday at the glory of His Resurrection from the dead. The liturgies of the Triduum, Holy Thursday, Good Friday and the Easter Vigil on Holy Saturday night speak to us about the work of God accomplished in Jesus Christ. As the Christian faithful, let us take time to truly participate in these most sacred rituals so as to arrive at an ever-deeper faith in the mystery of Salvation won for us in Jesus Christ, risen from the dead.

#### **ADORATION CHAPEL AND THE TRIDUUM:**

The adoration chapel will close at 6:00 p.m. on Holy Thursday and remain closed until after the 11:00 a.m. Mass on Easter Sunday morning. As we enter Holy Week, we invite you to spend time with Jesus in Eucharistic Adoration. Please call Frank or Sheila for more information (519) 658-9414.

**CONFESSION THIS WEEK: Wed., April 1:** 8:30 - 9:30 a.m. **Thursday, April 2:** 8:00 - 9:00 p.m. **Friday, April 3 (Good Friday):** 11 a.m. - 1 p.m.



**PASCHAL CANDLE SPONSOR:** Every year at the Easter Vigil, we bless our new Paschal Candle that represents the light of the risen Christ shining in the darkness. This candle is then lit in the Easter season and at baptisms and funerals year-round.

We are looking for a sponsor for this year's candle. The sponsor donates the Paschal Candle in the name of a family member who has died. Throughout the year, as the paschal candle burns, we remember that family member in our prayers. Finally, when the year finishes and it is time to bless a new Paschal Candle next Easter, the sponsor takes home the remainder of their candle as a lasting memorial. If you would like to sponsor this year's Paschal Candle, please contact the office for more information.

**CHILDREN'S LITURGY:** A reminder that the Children's Liturgy program will *not* run on Palm Sunday and Easter Sunday. The program will resume on April 12<sup>th</sup> during the 11 a.m. Mass.

**NEXT YOUTH GROUP MEETING:** Hey Grade 6, 7, and 8's. Come out for a night of fun and fellowship playing badminton! **Tuesday, April 7<sup>th</sup>** from 5 - 7 p.m. Drop off: St. Mary's Church. Pick-up: W.D. Johnson Centre. Please register: <https://stmaryhespeler.ca/youth-group> by April 6<sup>th</sup>.

**PARISH OFFERINGS for March 21/22, 2026**

Sunday Envelopes: \$5,857.30  
Share Lent: \$1,828.00

*Your continued financial support is greatly appreciated.*

**SHARE LENT 2026:** Thank you for giving from the heart to Share Lent 2026! Development and Peace — Caritas Canada thanks you for supporting the *On Track for Justice* campaign with your Share Lent donation. **Thanks to your generosity, our parish has collected \$2,178.75 to date.** This sum will help support our sisters and brothers in Africa, Asia, Eastern Europe, Latin America and the Middle East. If you have not yet had a chance to give, you can still place your Share Lent envelope in the offertory or donate online at [devp.org/give](http://devp.org/give).

Thank you for continuing to pray for all those who are working to build a world of peace and justice.



**NEEDS OF THE CHURCH IN THE HOLY LAND:**

The Good Friday Collection, on April 3, is requested by the Holy See to help maintain the Christian sites of the Holy Land and to support the Church in the pastoral, educational, and social works that contribute to a sustained Christian presence in the land where Jesus the Christ once walked.

**ANNIVERSARY CELEBRATION:** We will be celebrating Father David's 10<sup>th</sup> Anniversary of Ordination on **Sunday, May 3<sup>rd</sup>** with Mass at 11:00 a.m. followed by a lunch reception at 12:30 p.m. Tickets for the reception can be purchased online: <https://stmaryhespeler.ca/anniversary>. \$25/ticket. Only a few tickets remain available!



**MONTHLY COLLECTION:** Members of the St. Vincent de Paul Society will be collecting donations after all Masses this weekend.

**PARISH OFFICE CLOSED:** A reminder that the parish office will be closed on Good Friday, April 3<sup>rd</sup>.

**MISSION MATS:** Join us in making sleeping mats on **Monday, March 30<sup>th</sup>** from **6:30 – 8:30 p.m.** in the Parish Centre. Volunteers are needed to help with the many steps of turning milk bags into sleeping mats. All are welcome!

**A FOND FAREWELL:** After 7 faithful years, our parish secretary, Rosanne, is moving on from our community. While we are saddened to lose so great a member, we are happy to know others will get to experience her talents. We are profoundly thankful for her dedication, kindness, and the heart she has shared with our community. Please join us in praying for Rosanne as she begins an exciting new chapter in her life!

**HIRING FOR OFFICE POSITION:** St. Mary's is looking for a new full time book-keeper/secretary. If you know anyone, they can apply for the position on the Diocese of Hamilton website.



**CWL LADIES RETREAT:** All ladies of the Parish are invited to our Ladies Day retreat on **Saturday, April 18<sup>th</sup>** starting with Mass at 10:00 a.m. followed by the presentation of Anniversary Pins. A hot catered brunch of quiche (including gluten free) / salad / rolls and dessert will be served. After brunch our guest speaker Teresa Harnet will speak on the topic of Life, Love and Being a Woman: "God created us as women, with purpose. Learning to appreciate womanhood can be a journey – sometimes one that may seem to have no end, but we should all be able to confidently say that I love being a woman. Let's embrace our womanhood and remember that Pope St. John Paul wrote about the beautiful role and importance of women because he recognized it in us. Let's celebrate together as women!" Please register at [cwlhespeler16@gmail.com](mailto:cwlhespeler16@gmail.com) Deadline is Tuesday, April 7<sup>th</sup>. Cost: Freewill offering

**HELP NOT HARM:** Take Action to Support Bill C-218. Visit [www.HelpNotHarmCanada.ca](http://www.HelpNotHarmCanada.ca) where you can e-mail your Member of Parliament (MP), asking for their support of Bill C-218 (The Right to Recover Act), which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD will be available for those suffering from mental illness alone beginning in March 2027. Chances are you know someone struggling with mental illness — a family member, friend, or colleague. As Catholics and Canadians, we are called to offer care, hope, and protection — not death — to those who are suffering and most vulnerable. Information sheets are available at the parish entrances.

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